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Appointment to the Board

May 4, 2004

FOM.V

Foran Mining Corporation is pleased to announce the appointment of Donald G. Kennedy of The Pas, Manitoba to the board of directors on April 26, 2004.

The Company also wishes to announce the granting of 150,000 incentive stock options, to a director, at a price of \$0.54 for a 3 year term. In April, 2004, Foran granted two employees, 20,000 incentive stock options at \$0.45 with a three year expiry date.

On behalf of the Board of Directors

“Signed”

Stephen L. Masson, M.Sc. P.Geo.
President, C.E.O.

THE TSX VENTURE EXCHANGE HAS NOT REVIEWED AND DOES NOT ACCEPT
RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS NEW RELEASE.